

Luilakpolderloop Jisp: 5, 10, 16.1km Trimloop, 17 Mei 2024**Categorie: 5 km VROUWEN**

Plek	Bib	Naam	Tijd
1	160	Ulle, Sandra	00:20:58
2	134	Goffau, Gabrielle de	00:21:33
3	159	Teunisse, Ella	00:21:55
4	141	Klooster, Cora Van 't	00:22:36
5	165	Vries, Marian de	00:24:53
6	162	Viel, Bianca	00:25:47
7	135	Grandiek, Helen	00:26:56
8	142	Kraaij, Margreet	00:26:59
9	249	Witbaard, Julia	00:27:17
10	126	Beemsterboer, Sonja	00:27:19
11	161	Velde-quist, Franciska van der	00:27:20
12	152	Roo-Roubos, Marianne de	00:28:02
13	148	Prins, Lieke	00:28:24
14	157	Stans, Liesbeth	00:28:29
15	167	Winter, Cindy	00:28:29
16	131	Galen, Nelleke van	00:28:33
17	136	Grooters, Noé	00:28:35
18	140	Jong, Benthe de	00:28:36
19	137	Heijkoop, Esther	00:28:45
20	129	Enkt, Irene	00:29:00
21	139	Janneman, Ineke	00:29:37
22	149	Reurekas, Carola	00:29:37
23	91	Lagrand, Priscilla	00:29:41
24	145	Ooms, Nicole	00:29:52
25	151	Roo, Mia de	00:29:55
26	147	Praag, Pirjo	00:30:03
27	169	Wout, Laura Groen in 't	00:31:19
28	154	Rozemeijer, Sandra	00:31:21
29	127	Brantjes, Ingrid	00:31:21
30	133	Gerssen, Rosanne	00:32:05
31	155	Ruiter, Tessel	00:32:17
32	168	Wolkorte, Debbie	00:32:18
33	143	Nieland, Kim	00:32:23
34	153	Rooij, Rolia de	00:32:58
35	150	Ribeiro, Ana	00:34:39
36	164	Vries, Joke de	00:35:41
37	132	Geer, Lieske van de	00:36:00
38	158	Sterenbergh, June	00:36:19
39	163	Vink, Marieke	00:37:59
40	138	Heijnen, Merel	00:38:32

Categorie: 5 km MANNEN

Plek	Bib	Naam	Tijd
1	110	Noordhoek, Devin	00:17:16
2	119	Smit, Leon	00:19:27
3	83	Bakker, Roy	00:19:27
4	122	Veldhuizen, Cor van	00:19:40
5	107	Klok, Levi	00:20:38
6	124	Wiering, Ronald	00:21:25
7	113	Prins, Olivier	00:21:30
8	96	Hoekstra, Jasper	00:21:34
9	105	Klaver, Ben	00:22:24
10	120	Sterenbergh, Martin	00:22:35
11	85	Benit, Harry	00:22:43
12	123	Veldhuizen, Niels van	00:22:55
13	101	Hoogerbrugge, Thomas	00:23:00
14	106	Kleef, Dean van	00:23:12
15	111	Oosting, Richard	00:23:17
16	98	Hoesel, Ties van	00:24:22
17	94	Heijn, Teun	00:24:23
18	97	Hoesel, Johan van	00:24:39
19	93	Heijn, Fred	00:24:39
20	90	Gotje, Collin	00:25:00
21	84	Bakker, Wouter	00:25:48
22	108	Leeuw, Ruud de	00:25:48
23	99	Hol, Jelte	00:26:21
24	100	Hol, Wouter	00:26:21
25	109	liefting, Engel	00:26:22
26	112	Praag, Peter	00:26:51
27	103	Jonge, Rene de	00:27:11
28	206	Pootjes, Max	00:27:17
29	92	Hagen, Roel	00:27:46
30	88	Dieben, Martijn	00:28:22
31	102	Hooijschuur, René	00:28:34
32	207	Rijkenberg, Guus	00:28:54
33	87	Deurholt, Cioldus Hermano	00:28:55
34	116	Scholtens, Mark	00:29:23
35	210	Steen, Peter van der	00:29:36
36	114	Roo, Hans de	00:29:37
37	95	Heuvel, Tymen van den	00:30:01
38	156	Bommer, A	00:31:33
39	104	Kirkels, Joost	00:31:38
40	89	Durante, Santiago	00:31:42
41	117	Sint, Sander	00:32:02
42	115	Ruiter, Guido	00:32:17
43	125	Zalinge, Jan van	00:32:52
44	121	Velde, Sander quist-van der	00:36:15

Categorie: 10 km VROUWEN

Plek	Bib	Naam	Tijd
1	202	Conijn, José	00:44:25
2	232	Heemels, Marleen	00:46:42
3	231	Goldebeld, Saskia	00:47:00
4	223	Aalst, Rosa van	00:47:21
5	237	Jong, Lotte de	00:48:28
6	228	Conijn, Inga	00:55:14
7	296	Jostmeijer, Klara	00:55:20
8	230	Essen, Sylvia van	00:55:48
9	244	Roo, Joyce de	00:55:49
10	233	Heuvel, Linda van den	00:55:57
11	235	Ingen, Christel van	00:55:57
12	224	Andringa, Natasja	00:58:47
13	240	Klooster, Bloem van	00:59:08
14	247	Vriesman, Romy	00:59:23
15	236	Ingen, Monique van	00:59:33
16	239	Kleef, Ina van	01:01:11
17	238	Kamps, Judith	01:03:21
18	243	Paddenburg, Claudia van	01:04:38
19	292	Balk, Mirjam	01:06:14
20	246	Tambach, Sandy	01:06:41
21	225	Bakkum, Agnes	01:06:41
22	250	Wubbels, Kitty	01:07:29
23	242	Limbeek, Sheila van	01:10:13
24	227	Bosma, Zehra	01:10:56
25	229	Denderen, Kim van	01:12:03

Categorie: 10 km MANNEN

Plek	Bib	Naam	Tijd
1	195	Konings, Youri	00:34:50
2	219	Verschure, Simon Hattinga	00:36:46
3	208	Schrauwen, Robert	00:38:53
4	217	Veldhuizen, Lars van	00:39:25
5	199	Lopes-Cardozo, Vladimir	00:40:30
6	186	Houniet, Joeri	00:42:08
7	201	Muts, Robert	00:42:31
8	192	Kerkhoff, Jesse	00:43:55
9	216	Veen, Marten van der	00:44:08
10	182	Grandiek, Thomas	00:44:46
11	174	Bruinsma, Gerrit	00:45:19
12	213	Tol, Maurice van	00:45:21
13	193	Kirkels, Tijmen	00:45:43
14	187	Hoveling, Lars	00:46:10
15	176	Cadenau, Ron	00:46:58
16	241	Man, Julio Mengod de	00:47:33
17	290	Weijkamp, Udo	00:48:05
18	189	Veer, Ruud van der	00:48:14
19	181	Grandiek, Pieter	00:48:27
20	175	Burgering, Marc	00:48:32
21	184	Harting, Roel	00:49:02
22	209	Smit, Matthieu	00:49:08
23	221	Vugt, Vincent van	00:49:15
24	190	Huizinga, Mark	00:49:15
25	194	Kleef, Eric van	00:49:40
26	203	Pal, Rob van der	00:50:25
27	214	Touwen, Marcel	00:50:56
28	198	Loos, Peter de	00:51:47
29	222	Woerdeman, Dennis	00:51:56
30	180	Fris, Jan	00:52:33
31	179	Freese, Jean	00:53:26
32	215	Urlus, Jacques	00:53:53
33	170	Bagmeijer, Jurriaan	00:53:59
34	205	Plompen, Harry	00:55:20
35	172	Brakenhoff, Jaco	00:55:49
36	183	Harting, Paul	00:56:59
37	188	Hufener, Thomas	00:57:29
38	171	Besseling, Nico	00:57:48
39	218	Vent, Onno de	00:58:48
40	212	Terra, Harm	00:58:49
41	178	Delforferie, Timo	00:59:07
42	177	Dam, Wim	01:00:11
43	185	Hennequin, Ed	01:01:12
44	261	Lange, David de	01:01:22
45	196	Krol, Jurrien	01:01:25

46	220	Vos, Henk	01:03:08
47	204	Plas, Timo	01:03:21
48	173	Broeksma, Ronald	01:04:39
49	211	Steijn, Daan	01:07:29
50	200	Meij, Stefan van der	01:07:29
51	197	Limbeek, Tijmen van	01:10:13
52	289	Visser, Sjaak	01:37:33

Categorie: 16,1 km VROUWEN

Plek	Bib	Naam	Tijd
1	299	Sommer, Kim	01:11:20
2	298	Ridder, Sandra de	01:17:04
3	293	Bemmel, Annelies van	01:18:02
4	294	Boer, Marieke de	01:23:35
5	295	Gerritsen, Isabel	01:23:37
6	297	Louwe-Zijlstra, Jacqueline	01:39:36

Categorie: 16,1 km MANNEN tot 50 jaar

Plek	Bib	Naam	Tijd
1	267	Ridder, Mees de	00:53:59
2	256	Brendeke, Menno	01:04:47
3	270	Sinkeldam, Tim	01:06:32
4	268	Rijs, Sander	01:07:09
5	262	Lindner, Roan	01:07:17
6	254	Berge, Edie van den	01:10:21
7	255	Besseling, Stijn	01:11:21
8	257	Dirkmaat, Dick	01:14:49
9	260	Kant, Onno	01:14:49
10	266	Pijl, Hans	01:16:02
11	274	Visser, Chris	01:16:03
12	271	Stam, Hans	01:16:57
13	252	Bakering, Jelmer	01:17:07
14	258	Giusti, Nicolo	01:17:10
15	264	Moison, Werner	01:17:40
16	275	Zuidervaart, Rob	01:24:36
17	269	Schaper, Jelle	01:25:51
18	259	Groot, Jim	01:26:39

Categorie: 16,1 km MANNEN 50 jaar en ouder

Plek	Bib	Naam	Tijd
1	283	Olij, Paul	01:07:23
2	286	Top, Ronald van den	01:08:40
3	288	Visser, Edwin	01:09:29
4	291	Zomer, Konrad	01:12:04
5	282	Koopman, Lourens	01:16:49
6	276	Dam, Louis	01:18:13
7	280	Groot, Marcel	01:20:59
8	284	Oosterveld, Jw	01:23:30
9	279	Ferwerda, Jelle	01:23:51
10	287	Verhoeven, Peter	01:24:22
11	277	Diepen, Arjan van	01:25:12
12	278	Evers, René	01:28:30
13	285	Postuma, Rinse	01:29:36
14	226	Glorie, Olof	01:30:20